



MBDLAC 2024/2025 SEASON PLANNER



DATE	MEET	Event	Program	VENUE	COMMENTS
Sunday 29 th Sept	Come & Try	Warm Up - Non-Recorded	Open	Cornerstone	Time: 12 Noon to 2:30 pm
Friday 11 th Oct	Home Meet 1		A + Optional Race Walks	Cornerstone	Time: 5:15 for 5:30 Start
Friday 18 th Oct	Home Meet 2		B - Hurdles +Opt. long dist.	Cornerstone	Time: 5:15 for 5:30 Start
Friday 25 th Oct	Home Meet 3	Cross Country/ Winter Awards	C - Long Distance Night	Cornerstone	Time: 5:15 for 5:30 Start
Friday 1 st Nov	Home Meet 4		D + Optional Race Walks	Cornerstone	Time: 5:15 for 5:30 Start
Friday 8 th Nov	Home Meet 5	Coles Community Round	E - Hurdles +Opt. long dist.	Cornerstone	Time: 5:15 for 5:30 Start
Friday 15 th Nov	Home Meet 6		A + Optional Race Walks	Cornerstone	Time: 5:15 for 5:30 Start
Sunday 17 th Nov	SALAA Event	Invitational Meet (U11 to U13)	See: salaa.org.au	SA Athletics Stadium, Mile End	Nominations: Open 10th Oct / Close 6th Nov Fee: \$15 per athlete
Friday 22 nd Nov	Home Meet 7	Grandparents Night	B - Hurdles +Opt. long dist.	Cornerstone	Time: 5:15 for 5:30 Start
Sunday 24 th Nov	SALAA Event	State PB Classic I (Tiny Tots to U17)	See: salaa.org.au	SA Athletics Stadium, Mile End	Nominations: Open 9 Oct / Close 6th Nov Fee: \$25 per athlete
Friday 29 th Nov	Home Meet 8	Charity Night – To Be Announced	C - Long Distance Night	Cornerstone	Time: 5:15 for 5:30 Start
Friday 6 th Dec	Home Meet 9		D + Optional Race Walks	Cornerstone	Time: 5:15 for 5:30 Start
Friday 13 th Dec	Home Meet 10	Christmas Meet	E (Hurdles) +Opt. long dist.	Cornerstone	Time: 5:15 for 5:30 Start
Sunday 15 th Dec	SALAA Event	State Relay Championships (Tiny Tots to U17)	See: salaa.org.au	SA Athletics Stadium, Mile End	Nominations: Open 30th Oct / Close: 27th Nov Qualifying Ends: 8th Dec 2024
Christmas Break					

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Friday 17 th Jan	Home Meet 11	Bring a friend night	A + Optional Race Walks	Cornerstone	Time: 5:15 for 5:30 Start
Sunday 19th Jan	SALAA Event	State PB Classic II (Tiny Tots to U17)	See: salaa.org.au	SA Athletics Stadium, Mile End	Nominations Open: 4th Dec 2024 / Close: 1st Jan 2025 Fee: \$25 per athlete
Friday 24th Jan	Home Meet 12		B - Hurdles +Opt. long dist.	Cornerstone	Time: 5:15 for 5:30 Start
Friday 31st Jan	Home Meet 13		C - Long Distance Night	Cornerstone	Time: 5:15 for 5:30 Start
Friday 7th Feb	Home Meet 14	Hills Region Interclub	I - Interclub	Cornerstone	Time: Start time TBA
Friday 14th Feb	Home Meet 15	Chris Lane Memorial Meet	D + Optional Race Walks	Cornerstone	Time: 5:15 for 5:30 Start
Friday 21st Feb	Home Meet 16		E - Hurdles +Opt. long dist.	Cornerstone	Time: 5:15 for 5:30 Start
Saturday 22nd / Sunday 23rd Feb	SALAA Event	State Combined Event Championship (U9 to U17)	See: salaa.org.au	SA Athletics Stadium, Mile End	Registration Cut-Off: 31st Dec 2024 Entries Open: 8th Jan 2025 / Close: 5th Feb 2025 Qualifying Ends: 2nd Feb 2025 / Entry Fee: \$30
Friday 28th Feb	Home Meet 17		A +Optional Race Walks	Cornerstone	Time: 5:15 for 5:30 Start
Friday 7th Mar	Home Meet 18	Last Recorded Meet	B - Hurdles +Opt. long dist.	Cornerstone	Time: 5:15 for 5:30 Start
Friday 14th Mar	Home Meet 19	Non-Recorded Meet	Fun Night	Cornerstone	Time: 5:15 for 5:30 Start
Sunday 16th Mar	SALAA Event	State Challenge (U8-U13)	See: salaa.org.au	SA Athletics Stadium, Mile End	Registration Cut-Off: 31st Dec 2024 Entries Open: 29th Jan 2025 / Close: 26th Feb 2025 Qualifying Ends: 23rd Feb 2025 - Fee: \$17.00 per event for the first three events, then \$8.50 for an additional fourth and fifth event. Capped at \$59.50
Saturday 22nd / Sunday 23rd Mar	SALAA Event	State Individual Championships (U9 to U17)	See: salaa.org.au	SA Athletics Stadium, Mile End	Registration Cut-Off: 31st Dec 2024 Entries Open: 29th Jan 2025 / Close: 26th Feb 2025 Qualifying Ends: 23rd Feb 2025 - Fee: \$17.00 per event for the first three events, then \$8.50 for an additional fourth and fifth event. Capped at \$59.50
Friday 28st Mar	Presentation			Cornerstone	Time: 5:30 Start
Tuesday 1st Apr	AGM			Cornerstone	Time: 7pm Start

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