

# MBDLAC 2022/2023 SEASON PLANNER

DATE	MEET DETAILS	VENUE	COMMENTS
Friday 14 Oct	Home Meet 1	Cornerstone College	Time: 5:15 for 5:30 Start
Friday 21 Oct	Home Meet 2	Cornerstone College	Time: 5:15 for 5:30 Start
Friday 28 Oct	Home Meet 3 – <b>Cross Country Presentation</b>	Cornerstone College	Time: 5:15 for 5:30 Start
Friday 4 Nov	Home Meet 4 – <b>MBDLAC 21<sup>st</sup> Birthday Meet!</b>	Cornerstone College	Time: 5:15 for 5:30 Start
Friday 11 Nov	Home Meet 5	Cornerstone College	Time: 5:15 for 5:30 Start
Friday 18 Nov	Home Meet 6 – <b>Coles Community</b>	Cornerstone College	Time: 5:15 for 5:30 Start
Friday 25 Nov	Home Meet 7	Cornerstone College	Time: 5:15 for 5:30 Start
Friday 2 Dec	<b>Hills Region Interclub Meet – Mt Barker Hosting</b>	Cornerstone College	Time: 5:15 for 5:30 Start
<b>Sun 4 Dec</b>	<b>Kumon State PB Classic I</b>	<b>SA Athletics Stadium, Mile End</b>	<b>Nominations Open: 19<sup>th</sup> Oct / Close: 16<sup>th</sup> Nov</b>
Friday 9 Dec	Home Meet 8	Cornerstone College	Time: 5:15 for 5:30 Start
Friday 16 Dec	Home Meet 9	Cornerstone College	Time: 5:15 for 5:30 Start
<b>Sunday 18 Dec</b>	<b>SA Power Networks State Relay Championships</b>	<b>SA Athletics Stadium, Mile End</b>	<b>Nominations Open: 2nd Nov / Close: 30th Nov</b>
<div>  <b>CHRISTMAS HOLIDAY BREAK</b>  </div>			
Friday 20 Jan	Home Meet 10	Cornerstone College	Time: 5:15 for 5:30 Start
<b>Sunday 22 Jan</b>	<b>Copyworld State PB Classic II</b>	<b>SA Athletics Stadium, Mile End</b>	<b>Nominations Open: 9<sup>th</sup> Dec / Close: 6<sup>th</sup> Jan</b>
Friday 27 Jan	Home Meet 11	Cornerstone College	Time: 5:15 for 5:30 Start
Friday 3 Feb	Home Meet 12	Cornerstone College	Time: 5:15 for 5:30 Start

Friday 10 Feb	Home Meet 13 – <b>Chris Lane Memorial Meet</b>	Cornerstone College	Time: 5:15 for 5:30 Start
Friday 17 Feb	Home Meet 14	Cornerstone College	Time: 5:15 for 5:30 Start
Friday 24 Feb	Home Meet 15	Cornerstone College	Time: 5:15 for 5:30 Start
<b>Sat25/Sun26 Feb</b>	<b>Toyota State Combined Event Championship</b>	<b>SA Athletics Stadium, Mile End</b>	<b>Nominations Open: 11<sup>st</sup> Jan / Close: 8<sup>st</sup> Feb</b>
Friday 3 Mar	Home Meet 16	Cornerstone College	Time: 5:15 for 5:30 Start
Friday 10 Mar	Home Meet 17 - <b>Last Recorded Meet</b>	Cornerstone College	Time: 5:15 for 5:30 Start
Friday 17 Mar	Home Meet 18 - <b>Non-Recorded Meet</b>	Cornerstone College	Time: 5:15 for 5:30 Start
<b>Sunday 19 Mar</b>	<b>State Challenge (U8-U13)</b>	<b>SA Athletics Stadium, Mile End</b>	<b>Nominations Open: 1<sup>st</sup> Feb / Close: 1<sup>st</sup> Mar</b>
<b>Friday 24 Mar</b>	<b>Presentation</b>	<b>Cornerstone College</b>	<b>Time: 5:30 Start</b>
<b>Sat25/Sun26 Mar</b>	<b>State Individual Championships</b>	<b>SA Athletics Stadium, Mile End</b>	<b>Nominations Open: 1<sup>st</sup> Feb / Close: 1<sup>st</sup> Mar</b>
<b>Sunday 26 Mar</b>	<b>Mt Barker Lions and Rotary Clubs: CONQUER THE SUMMIT</b>	<b>Homemaker Centre, Dutton Rd (Mt Barker parkrun start line)</b>	<b>Registrations for the 2023 event will open on 1 November 2022</b>
<b>Tuesday 4 April</b>	<b>AGM</b>	Cornerstone College	Time: 7pm Start
<b>Winter Season</b>			
<b>Saturday 8 July</b>	State Race Walking Championships	TBA	<b>Nominations Open: 7<sup>st</sup> Jun / Close: 5<sup>st</sup> Jul</b>
<b>Sunday 16 July</b>	State Cross Country Championships	TBA	<b>Nominations Open: 14<sup>st</sup> Jun / Close: 12<sup>st</sup> Jul</b>

**\*\* Please note that programs are subject to change and are at the discretion of the MBDLAC committee\*\***